



JOSEPH WARREN DICKSON, MA, LCMHC

EDUCATION

- *Bachelor of Arts in English Literature*

Appalachian State University 1994

- *Bachelor of Science in Psychology*

Appalachian State University 1998

- *Master of Arts in Clinical Mental Health Counseling*

Appalachian State University 2000

CAREER HIGHLIGHTS

- Actively practicing for over 20 years.
- Experienced in the development, ongoing coordination, and operation of a co-located behavioral health practice working in conjunction with a pediatric medical practice.
- Experienced in the development and implementation of child, adolescent, and family focused mental health and substance abuse programs, grant writing, and evidence-based measurement and data collection.
- Knowledgeable with regard to psychopharmacology. Experienced in assessing for side effects and effectiveness of the same.
- Planned, coordinated, and implemented adolescent substance abuse programs in Avery and Ashe counties. Wrote and presented grants for same. Avery Program designated a NC program of excellence in 2003.
- Helped to acquire student assistance program contract for Avery County. Have lectured classes at Appalachian State University on adolescent and family issues.
- Designed adolescent substance abuse programs and handbook for New River Behavioral HealthCare and I80 Behavioral Health.

- Experience with crisis work and active on-call rotation for mental health/substance abuse crisis intervention.
- Experienced in arrangement, coordination, implementation, and presentation of continuing education events.
- Have consulted with clinicians in 5 county area regarding child, adolescent, and family issues.
- Worked with Watauga County Schools to develop Risk Assessment referral program for the evaluation of potentially aggressive and violent students.
- Former School Threat Assessment Coordinator with New River Behavioral HealthCare and I80 Behavioral Health, PLLC for Watauga County Schools.
- Currently provide threat assessments for children and teens suspected of being potentially dangerous.
- Negotiated and obtained student assistance program contract between Avery County New River Behavioral HealthCare and Avery County Schools.
- Facilitated NRBHC switch to Dominion Diagnostics for urine drug screening services, allowing drug screens to be billed to multiple client insurance providers.
- Created “A Village of Parents”, a parent run support group aimed at reducing teen crime and oppositional and defiant behaviors.
- Created “The Crisis Switch”, a consumer handout and powerpoint presentation for adolescents and parents. “The Crisis Switch” provides information on adolescent choices and consequences and how these affect freedoms and control over the teen’s life.
- Created and maintained websites regarding Adolescent Programs at New River Behavioral HealthCare and I80 Behavioral Health.

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RELEVANT WORK EXPERIENCE

August 2008 to Present

180 Behavioral Health, PLLC/Clinical Elevation

Director/Therapist/Owner

- Created 180 Behavioral Health, PLLC, a private practice specializing in child, adolescent, and family therapy. 180 began as a co-located behavioral health practice initially supported through a grant from iCare NC and working within the offices of a 5 Pediatric Medical Practice. Highly specialized, the goal of 180 Behavioral Health is to provide the most focused and expert therapeutic services available to children, teens, and families in the surrounding areas. Duties: Oversee and facilitate all aspects of the practice. Provide treatment for adults, children, adolescents, and families with mental health, substance abuse, and developmental disabilities. Administratively and clinically supervise Master's level clinicians. Administratively supervise support staff. Collaborate with Pediatricians at Blue Ridge Pediatric and Adolescent Medicine as well as physicians outside of Blue Ridge to provide mental health assessments, treatment, and consultation regarding mental health, substance abuse, and developmental issues.
- Clinical Elevation is an ongoing project of 180 Behavioral Health. This project provides professional continuing education opportunities to behavioral and allied health professionals with a broad focus on the expansion of the professional repertoire for behavioral health clinicians. This includes continuing education events for professionals in the areas of violence risk assessment, child and adolescent mental health and substance abuse, family therapy, psychopharmacology for clinicians, ADHD behavioral and pharmacological treatment, and others. Experienced in interactive presentations, development of training events, and coordination of resources for same.

August 2000 to September 2008

New River Behavioral HealthCare

Clinical Therapist/Program Director

- Provided group, individual, and family therapy for children and teens with mental illness and substance abuse problems. Worked in on-call crisis rotation for emergency mental health services. Provided mental health consultation to emergency room for placement/evaluation of clients needing emergency mental health services. Supervised Masters level interns and Master's level staff working with adolescents and families. Consulted with social services, school system, community boards, and other agencies to provide community collaboration. Performed substance abuse and mental health

evaluations. Provided Court testimony as needed for Court involved youth. Supervised Adolescent Substance Abuse Programs in Watauga and Ashe Counties. Facilitated Dialectical Behavior Therapy group for adolescents. Facilitated Multi-Family groups and adolescent peer groups for substance abuse. Routinely worked with children/adolescents and their families on such issues as Oppositional-Defiant Disorder, Conduct Disorder, ADHD, Depression, BiPolar Disorder, Anxiety Disorders, PTSD, and others. Have worked with Jail Diversion Program and Adult Intensive Outpatient Treatment Program. Provided Threat Assessments at the request of the school system to determine student's needs for therapeutic services and to determine potential risks to student body. Worked after hours to provide services for working families. Coordinated drug screening program for substance abuse services. Edited and wrote articles for "The Adolescent Letter", a mental health newsletter geared toward parents and community members. Coordinated Urine Drug Screening program for New River Behavioral HealthCare. Served as coordinator of a seven County Juvenile Justice Treatment Continuum Program.

** Full Time Student: Appalachian State University 1997-2000

October 1995- May 1997

Caldwell County Dept. of Social Services

Foster Care Social Worker

- Worked with children, parents, and community as a foster care social worker. Provided case management services to children and families for purpose of reunification of family. Provided Court testimony and Court reports for placement reviews and termination of parental rights hearings. Coordinated individualized services for families such as medical, psychological, dental, and family therapy for clients. Arranged and implemented community activities and experiences for families. Also worked as Child Protective Services Investigator over Christmas Holidays of 1997 at the request of the agency.

CERTIFICATIONS/LICENSURE

NC Licensed Clinical Mental Health Counselor (#4632)

Family Therapy Certification, Savannah Family Institute

Qualified Mental Health Professional

Qualified Substance Abuse Professional

Qualified Developmental Disabilities Professional

BOARDS AND COMMITTEES

Previous

Watauga County Juvenile Crime Prevention Committee

Avery County Juvenile Crime Prevention Committee

Ashe County Juvenile Crime Prevention Committee

Appalachian State Study to Prevent Alcohol Related Consequences (SPARC)

Innovative Approaches Steering Committee-Appalachian District Health Department

Blue Cross Blue Shield Institute for Health and Human Services Clinical Advisory Committee

TRAINING RECEIVED

- Multiple training events pertaining to Foster Care and Investigative Social Work with Caldwell County Dept. of Social Services between 1995-1997
- Multi-Family Group Therapy with Adolescents (NCFADS, Wilmington, NC)
- Adolescent Treatment Planning (NCFADS, Wilmington, NC)
- Multi-systemic Therapy and Treatment of Adolescents (NCFADS, Wilmington, NC)
- Adolescents, Substance Abuse, and Violence (NCFADS, Wilmington, NC)
- Directions in Child and Adolescent Therapy (included topics of depression, ADHD, sexual abuse, Bipolar disorder, play therapy, and trauma counseling)
- Crisis Response Training (New River Behavioral HealthCare, Boone, NC)
- Matrix Model of Substance Abuse Treatment (MAHEC, Wilkesboro, NC)
- Savannah Family Institute Family Therapy Certification (Savannah Family Institute, Savannah, GA.)
- Working with Chemically Dependent Families (NCFADS, Wilmington, NC)
- Critical Incident Stress Debriefing (NCFADS, Wilmington, NC)
- Person Centered Planning for Treatment (New River Behavioral HealthCare, Wilkesboro, NC)
- NCI Interventions-Prevention and Alternatives (New River Behavioral HealthCare, Boone, NC)

- De-escalation Training (Northwest AHEC, Winston-Salem, NC)
- Media Advocacy Training (Duke University Study to Prevent Alcohol Related Consequences, Winston-Salem, NC)
- Understanding School Violence and Risk Assessment (FBI Behavioral Analysis Unit, Boone, NC)
- Violence Risk and Threat Assessment (Dr. Reid Meloy, Homestudy)
- School Violence Threat Management (Dr. Kris Mohandie, Homestudy)
- Mobile Crisis Management (New River Behavioral HealthCare, Boone, NC)
- Directions in Mental Health Counseling (Various topics regarding mental health treatment).
- Child and Adolescent Risk Behavior with Successful Intervention (NCFADS, Wilmington, NC)
- The School Shooter-Understanding School Violence and Threat Management (New River Behavioral HealthCare, Boone, NC)
- Structured Assessment for Violence Risk in Youth (Randy Borum, Psy.D. San Diego, Ca.)
- Assessing Risk of Juvenile and Young Adult Violence (Randy Borum, Psy.D. San Diego, Ca.)
- Suicide Risk Assessment in Youth and Young Adults (David Jobes, Ph.D., ABPP San Diego, Ca.)
- School Violence Threat Management (Kris Mohandie, Ph.D. San Diego, Ca.)
- Pathways from Childhood Aggression to Adolescent Violence (James Gabarino, Ph.D. San Diego, Ca.)
- Adolescent and Young Adult Mass Murder: Assessment and Management of a Catastrophic Risk (Reid Meloy, Ph.D. San Diego, Ca.)
- Schools at Risk: Managing Bullying, Gangs, and Violent Females (Wayne Sakamoto San Diego, Ca.)
- Safe and Effective Use of Psychiatric Medication in Children and Adolescents: A Mini-Fellowship for Clinicians (UNC School of Medicine - Chapel Hill, NC)
- Brief Strategic Family Therapy for Adolescent Drug Abuse (Online;
- Major Depressive Disorder: Evidence Based Practice (Online)

- Psychopharmacology: A Comprehensive Review (Online)
- North Carolina Jurisprudence Exam - LPC (Online)
- Bipolar Disorder: Evidence Based Practice (Online)
- Psychopharmacology 101 (Online)
- Suicidality Recognition and Treatment (Online)
- A Clinician's Guide to Mental Health Issues Facing College Students: Part 1&2, Mood Disorders, Anxiety, PTSD, OCD (Online)
- Racial Micro-aggressions as Barriers to Treatment in Clinical Care (Online)
- Competence to Consent and Its Relationship With Cognitive Function in Patients With Schizophrenia (Online)
- Human Trafficking (Online)
- Empirically Based Psychosocial Therapies for Schizophrenia: The Disconnection between Science and Practice (Online)
- A Review of the Impact of Wearing Masks on COVID-19 Transmission and the Psychology behind Resistance to Wearing Masks (Online)
- Neuropsychiatric Complications of COVID-19 (Online)
- Review of Suicide Risk in the United States During the COVID-19 Pandemic (Online)
- Counseling Individuals Who Engage in Non-suicidal Self-Injury (Online)

TEACHING/ACADEMIC AND PROFESSIONAL LECTURES

- Arranged for FBI Special Agent from The FBI Academy to present on School Violence and Threat Management. May, 2007.
- Adolescent Depression. Watauga County School Teachers. March, 2006.
- School-Based Interventions for Mental Health Crises. Watauga County School Teachers. February, 2007.

- Arranged Dominion Diagnostics training regarding Urine Drug Screen Collection and Analysis. New River Behavioral HealthCare. May, 2006.
- Adolescent Suicide/Grief and Loss. Watauga County School Teachers. 2003.
- Teen Screen Overview. Watauga County Juvenile Crime Prevention Committee. September, 2006.
- Adolescent Psychotropic Medications. Appalachian State University Teacher Education Class. 2 Presentations in 2003-2004.
- Arranged training on adolescent substance abuse treatment from SWAIN Center in Black Mountain for New River staff. 2002
- Adolescent and Family Therapy. Appalachian State University Class: The Addictive Process. 2 presentations in 2004-2005.
- Watauga High School Health Fair. Watauga High Freshman Class. October of each year, 2001-2006.
- Child and Adolescent Substance Abuse. Watauga County Social Services Foster Parenting Program. 2004.
- Child and Adolescent Substance Abuse: Focus on Meth and Oxycodone. Avery County Community Collaborative. 2004.
- Outpatient Drug and Alcohol Testing, New River Behavioral HealthCare, December, 2007.
- Various in-house presentations for New River Behavioral HealthCare on adolescent and family issues. 2000-2008.
- Child and Adolescent Substance Abuse, Watauga County DSS. 2009
- Oppositional and Defiant Behaviors, Watauga County Parenting Partnership, 2010
- Child and Adolescent ADHD, Watauga County DSS, 2010
- The Impact of Domestic Violence on Children, OASIS September 2012
- Student Threat Assessment: Behavioral and Emotional Indicators, Appalachian State University Student Marriage and Family Therapy Association, April 2013
- Child and Adolescent Substance Abuse, Foster and Adoptive Parenting Conference, Watauga Medical Center, May 2017
- Child and Adolescent ADHD: Evaluation and Treatment, Foster and Adoptive Parenting Conference, Watauga Medical Center, May 2017

PRESENTATIONS IN DEVELOPMENT

- Threat Management in K-12 Schools
- Threat Assessment Teams: Development and Process
- Psychopharmacology for Clinicians: Effectiveness and Side Effects
- Developing Critical Thinking Skills in the K-12 Curriculum

*References available upon request.